



# RUMBLETUM CAFÉ

## breakfast

Breakfast served everyday from 8:00 am to 11:00 am.

### WAFFLES

\$ 8.95

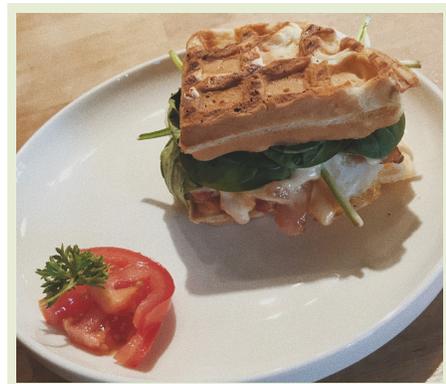
- **fresh fruit**, maple syrup cream cheese drizzle, topped with real whipped cream  
*(fruit varies - ask us what we're serving today)*
- **peanut butter & Nutella**, caramelized nuts, topped with real whipped cream
- **maple bacon bits**, topped with real whipped cream and real maple syrup
- **mixed berry sauce**, topped with real whipped cream

### GRILLED EGG SANDWICH

\$ 6.95

served on waffles with cheddar cheese, greens, homemade peach tomato salsa mayo and your choice of:

- farmer's sausage
- peameal bacon
- bacon
- avocado



### GRANOLA PARFAIT

\$ 5.50

homemade granola layered between plain greek yogurt & mixed berry sauce.

### EXTRAS

real maple syrup  
orange juice

\$ 2.00

\$ 2.75



# RUMBLETUM CAFÉ

## lunch

Lunch served everyday from 11:00 am to 2:30 pm.



### GRILLED SANDWICHES

whole \$7.95

Made to order.

half \$3.95

Served on local, preservative-free, seven grain bread from Grain Harvest Bakery. Lightly brushed with olive oil & garlic, and lightly grilled.

- **The Veg-e**

havarti cheese, red onions, mushrooms, avocado, red peppers, alfalfa sprouts, topped with sweet poppy seed dressing

- **The Melt**

swiss cheese, tuna salad, alfalfa sprouts

- **The Turk-e**

cheddar cheese, preservative-free smoked turkey breast, red onions, red peppers, alfalfa sprouts, topped with zesty Italian dressing

- **The Ham-e**

swiss cheese, preservative-free black forest ham, mushrooms, red peppers, topped with dijon honey mustard

- **The Cheese-e**

real cheddar grilled cheese toasted to perfection

whole \$6.95

half \$3.50

- **The B.L.T.**

bacon, lightly dressed mixed greens, tomato, basil mayo

whole \$8.95

half \$4.50

### SPRING SALAD

mixed greens, mushrooms, real bacon bits, tossed with a creamy homemade dressing

large \$7.95

side \$4.50

### CHICK SALAD

mixed greens, toasted noodles, sweet mandarins, grilled chicken, tossed with homemade sweet vinaigrette dressing

large \$7.95

side \$4.50

### Ask about our Soup of the Day

Our selection of homemade soups are available October - May.





# RUMBLETUM CAFÉ

## baked goods

Freshly baked desserts served all day.  
Some of our desserts are seasonal - ask us about what's  
available today!

### COOKIES

\$1.25 - \$2.50

- chocolate chip
- iced pumpkin raisin
- oatmeal raisin pumpkin seed

### SCONES

\$3.50

#### sweet

- cranberry orange
- lemon blueberry
- strawberry vanilla
- cranberry orange
- peach almond

#### savoury

- sausage cheddar



### TARTS

\$1.75

- almond

### CAKES

\$3.25

- pineapple banana

### SQAURES & BARS

\$2.50

- lemon crumb bar
- chocolate raspberry crumb bar
- date square



# RUMBLETUM CAFÉ

## drinks

<b>COFFEE</b>	\$ 2.25
Planet Bean Certified Fairtrade & Organic	
<b>LATTE</b>	\$ 3.25
espresso with steamed milk	
<b>CAPPUCCINO</b>	\$ 3.25
espresso with foamed milk	
<b>CAFÉ AU LAIT</b>	\$ 2.75
coffee with steamed milk	
<b>MOCHACCINO</b>	\$ 4.50
hot chocolate & two shots of espresso topped with real whipped cream	
<b>HOT CHOCOLATE</b>	\$ 3.50
steamed chocolate syrup topped with real whipped cream	
<b>STEAMER</b>	\$ 3.00
steamed milk with two shots of vanilla, topped with whipped cream	
<b>CHAI LATTE</b>	\$ 3.00
steamed milk with tiger spice chai mix	
<b>LONDON FOG</b>	\$ 3.00
earl grey tea steamed with milk and two shots of vanilla	
<b>CAFFEINATED TEA</b>	\$ 2.25
fairtrade & organic	
<ul style="list-style-type: none"><li>• earl grey</li><li>• english breakfast</li><li>• maple spice</li></ul>	<ul style="list-style-type: none"><li>• jasmine green</li><li>• china green</li></ul>
<ul style="list-style-type: none"><li>• blueberry</li><li>• strawberry</li></ul>	
<b>HERBAL TEA</b>	\$ 2.25
fairtrade & organic	
<ul style="list-style-type: none"><li>• rooibos chai</li><li>• rooibos vanilla</li></ul>	<ul style="list-style-type: none"><li>• ginger cinnamon</li><li>• mint</li></ul>
<b>SMOOTHIES</b>	\$ 4.50
made with 100% fruit juice, plain yogurt and fruit	
<ul style="list-style-type: none"><li>• mango</li></ul>	<ul style="list-style-type: none"><li>• berry banana</li></ul>
<b>FLAVOURS</b>	\$ .50
<ul style="list-style-type: none"><li>• english toffee</li><li>• hazelnut</li></ul>	<ul style="list-style-type: none"><li>• caramel</li><li>• vanilla</li></ul>
<b>EXTRAS</b>	\$ .50
<ul style="list-style-type: none"><li>• almond milk</li></ul>	<ul style="list-style-type: none"><li>• extra whipped cream</li></ul>

